










Captain Proud Paddle Boat Cruises



MAINS SELECTION

- 1. Atlantic salmon, roasted tomato, cous cous balsamic and basil oil.**
 - **2. Battered fish and chips with lemon and pesto aioli.**
 - 3. T-bone with roasted root vegetables and herbs.**
 - **4. Chicken breast, mild ham and cheese polenta cake with roasted tomato sauce.**
 - **5. Roasted lamb rack, mustard crust onion jam.**
 - 6. Lamb shank with a potato and sweet potato mash & spicy red capsicum compote.**
 - **7. Rolled duck with a cherry glaze.**
 - 8. Gourmet seafood and coriander pesto pasta and salad.**
 - **9. Barramundi fillet or Coorong Mullaway on a bed of green leaf salad with a chili salsa.**
 - **10. Kangaroo strip loin with potato gratin.**
 - 11. Drambue Chicken in a cream sauce.**
 - **12. Southern Comfort Beef in a cream sauce.**
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